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Home Sleep Study (HST) Order Form

(only for patients ≥ 18 years old)

Please fax this form with a copy of insurance card and a recent office note to process scheduling.

REFERRED BY (Practice and Clinician Name): _____

OFFICE TEL: _____

OFFICE FAX: _____

ORDERING CLINICIAN SIGNATURE: _____ DATE: _____

REQUEST FOR (check one): ___ TEST ONLY ___ CONSULT FIRST ___ CONSULT ONLY IF TEST POSITIVE

PATIENT INFORMATION:

Name: _____ Date of Birth: _____

Phone: _____ Address: _____

Emergency Contact Name and Relationship: _____

Emergency Contact Phone Number: _____

Gender: M / F / Non-Binary Preferred Pronoun: He / She/ They Age: _____ Height: _____ Weight: _____

REASON FOR HST (check all that apply):

- Loud snoring
- Witnessed apneas
- Excessive daytime sleepiness or Fatigue
- Morning headaches
- Insomnia or non-restorative sleep
- Assessment of Efficacy of Oral Appliance or Surgery
- Obesity (BMI ≥ 30)
- Other: _____

LENGTH OF STUDY REQUESTED (circle one): 1 night 2 nights

DIAGNOSIS WITH ICD-10 CODE: _____

Internal Use Only: Patient to fill (1) Patient Instructions, (2) Waiver, and (3) Credit Card Authorization form to schedule